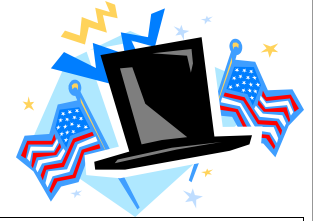




FEBRUARY 2012



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30 a.m. B&G Express 9:00 a.m. Stretch & Balance 5:00 p.m. Athletic Stretch 6:00 p.m. Cardio Tone 7:15 p.m. Gentle Yoga	2 8:30 a.m. Pilates 9:30 a.m. Zumba 6:00 p.m. Hatha Yoga	3 8:30 a.m. B&G Express 9:30 a.m. Butts & Guts 10:00 a.m. Stretching	4 9:30 a.m. Zumba 10:30 a.m. Pilates
6 NO CLASSES	7 NO CLASSES	8 8:30 a.m. B&G Express 9:00 a.m. Stretch & Balance 9:30 a.m. Yamuna 5:00 p.m. Athletic Stretch 6:00 p.m. Cardio Tone 7:15 p.m. Gentle Yoga	9 9:30 a.m. Zumba 6:00 p.m. Hatha Yoga	10 8:30 a.m. B&G Express 9:30 a.m. Butts & Guts 10:00 a.m. Stretching	11 NO CLASSES
13 8:30 a.m. B&G Express 5:00 p.m. Athletic Stretch	14 10:00 a.m. Cardio Fusion 7:00 p.m. Vini Yoga	15 8:30 a.m. B&G Express 9:00 a.m. Stretch & Balance 9:30 a.m. Yamuna 7:15 pm. Gentle Yoga	16 8:30 a.m. Pilates 6:00 p.m. Hatha Yoga	17 8:30 a.m. B&G Express 9:30 a.m. Butts & Guts 10:00 a.m. Stretching	18 9:30 a.m. Zumba 10:30 a.m. Pilates
20 8:30 a.m. B&G Express 9:30 a.m. Butts & Guts 10:00 a.m. Stretching 10:30 a.m. Tai Chi 5:00 p.m. Athletic Stretch 6:00 p.m. Feldenkrais	21 9:00 a.m. Aerobics 10:00 a.m. Body Sculpting	22 8:30 a.m. B&G Express 9:00 a.m. Stretch & Balance 9:30 a.m. Yamuna 5:00 p.m. Athletic Stretch 6:00 p.m. Cardio Tone 7:15 p.m. Gentle Yoga	23 9:30 a.m. Zumba 6:00 p.m. Hatha Yoga	24 8:30 a.m. B&G Express 9:30 a.m. Butts & Guts 10:00 a.m. Stretching	25 9:30 a.m. Zumba 10:30 a.m. Pilates
27 8:30 a.m. B&G Express 9:30 a.m. Butts & Guts 10:00 a.m. Stretching 10:30 a.m. Tai Chi 5:00 p.m. Athletic Stretch 6:00 p.m. Feldenkrais	28 9:00 a.m. Aerobics 10:00 a.m. Body Sculpting 7:00 p.m. Vini Yoga	29 8:30 a.m. B&G Express 9:00 a.m. Stretch & Balance 9:30 a.m. Yamuna 5:00 p.m. Athletic Stretch 6:00 p.m. Cardio Tone	 The Wellness Club CLASS SCHEDULE IN WAGNER		