



NEW BEGINNINGS CLASSES FOR 2010

Childbirth Classes ~ One Day Class ~ Linda LeMon, Instructor

When: January 9, February 20, March 13, May 15, July 10, August 14, October 9, December 4

Time: 9am-5pm

Where: Wagner Conference Room

Childbirth Classes ~ 4 Week Series ~ Linda LeMon, Instructor

When: Fridays, April 9-30, June 4-25, September 10-October 1, November 5-December 3

Time: 7:00pm-9:30pm

Where: Wagner Conference Room

Breastfeeding Newborn Class

When: Tuesdays, Jan 5, Feb 2, Mar 2, April 6, May 4, June 1, July 6, Sept 7, Oct 5, Nov 2, Dec 7

Time: 6:30pm-9:30pm

Where: Wagner Conference Room

Breastfeeding Support Group

When: The 1st and 3rd Wednesday of each month

Time: 11:00am-1:00pm

Grandparent 101 Class

When: Jan 18, Feb 22, Mar 15, April 19, May 17, June 21, July 19, Aug 16, Sept 20, Oct 18, Nov 15, Dec 13

Time: 11:00am-1:00pm

Where: The Dempsey House, 1992 Crompond Rd, Cortlandt Manor

Prenatal Support Group

When: Thursdays

Time: 7:00pm-8:30pm

Where: Wagner Conference Room

Sibling Class

When: Once a month

Call for dates: 914-734-3257

Sibling attending the birth class

When: Once a month

Call for dates: 914-734-3257

